### AMA Medical and Safety Commission

#### 2022 Meeting

### August 15, 2022

### **Minutes and Proposals**

Attending- Paul R. Reiman, MD, Chair, Mike Burkeen, AMA Representative, Jim Buskirk, Dean DeBroekert, MD, Mike Quinn, Chris Ulrich

Excused- Hub Brennan, MD, Mike Utz, Julia Vaizer, MD

The meeting was called to order at 5 pm, PST by Paul R. Reiman, MD

The committee congratulates their colleague Julia on her recent marriage.

**Proposal Summary** 

MS-0822- 1 through 3- **Chest and Back Protection-** These proposals all update the previous discussion on chest and back protection. All three proposals now mandate chest and back protection for all youth riders in Motocross, Off Road, and Track Racing. The protection is highly recommended for all competitors.

The proposals were moved to approve and seconded. There were 6 votes for and no votes against. The motions to approve passed.

MS-0822-4- Appendix 5.5 Chapter A-7- **Referee Duties-** This proposal adds to the referee duties to comply with AMA Policy 6.2- Concussion. This also complies with all state laws regarding athletic competition and sports related concussion.

"This includes disqualifying a rider with a **suspected concussion** for that day. The rider may not return to competition until evaluated by a qualified physician (MD or DO) and cleared to return to at risk activities including competition."

The proposal was moved to approve and seconded. The vote was 6 votes for and no votes against. The motion to approve the proposal was passed.

# MS-0822-05 AMA Policies 6.1 Chapter B.1.a Prohibited Substances

While the use of IV hydration has many medical uses, it is increasing being used as a performance enhancing substance at all levels. The use violates the fairness and integrity of competition. It is also not available to all competitors. At the professional level it is a banned substance in all disciplines. WADA and USADA may include testing for its use during in competition testing.

The proposal disqualifies the rider for 24 hours after receiving an intravenous infusion, whether for medical reasons or performance reasons.

The proposal also bans commercial intravenous facilities from the grounds of a competition.

The motion was moved to approve and seconded. There were 6 votes to approve and no votes against.

The proposal passed.

# **Discussion Items**

- Transgender issues in competition-At the request of the AMA representative, the commission was informed of potential future transgender issues in the sport of motorcycle racing. Discussion of both the medical and competition issue ensued. Review of the policies of other sports organizations was recommended including youth and adult organizations. The NCAA in particular was recommended. No motions or proposals were made on the topic.
- Appendix 6.4- Alternative Ambulance Plan- The use of the Alternative Ambulance Plan was discussed extensively and the great variability and completeness of the ongoing proposals. The promoter documentation ranges from one to 10 pages for similar venue. Discussion included the use of signage to notify competitors that the Alternative Ambulance Plan is implemented. No motions or proposals were made.

As motion to adjourn was made, seconded and 6 votes for and no votes were cast.

The meeting was adjourned at 6:10 pm PST.